






Isolation Tracker

COUNTING THE DAYS—IF VACCINATED OR UNVACCINATED

	Date of Positive Test	Isolate DAY 1	Isolate DAY 2	Isolate DAY 3	Isolate DAY 4	Isolate DAY 5
If no symptoms 	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	

Isolation: If fully vaccinated or unvaccinated and test positive, isolate for 5 days. If asymptomatic after that time, isolation may be discontinued, but continue to wear a mask for an additional 5 days.

*This chart is meant for reference purposes only. Our contact tracing team may recommend a different quarantine period based on individual circumstances.